

Planned Home Birth is Safe for Most Mothers and Babies

**Healthy women with qualified care providers,
usually midwives, can have safe home births.**

Home birth reduces:

- risk of infection
- risks from unnecessary interventions
- maternal morbidity rates from complications and interventions
- risks from errors in hospitals
- interference in bonding and breastfeeding from hospital policies
- risks from poor staffing levels in hospitals
- risks of tampering with the baby

Home birth provides:

- safe, familiar and private surroundings for labor and birth
- woman-centered care during pregnancy, labor, and birth
- family-oriented birth with no strangers present
- an opportunity for immediate bonding and breastfeeding
- less disruption and stress for the whole family
- affirmation that birth is a normal and profound life event

**Research shows that
planned home birth with a qualified attendant
is safe for most mothers and babies.**