

Fact Sheet

Safety in Birth Begins with **Midwives**

- * RESPECTFUL TREATMENT *
- * PERSONAL ATTENTION *
- * EMOTIONAL SUPPORT *
- * CONFIDENCE IN OUR BODIES *
- * EDUCATION AND INFORMATION *

Midwives are specialists in normal birth.

Midwives recognize that birth is a normal, healthy process. Midwives focus more on women and babies as individuals and less on technology.

A thorough knowledge of birth allows midwives to minimize the use of technology and medical interventions.

Midwives do not expose women and babies unnecessarily to potentially harmful interventions.

Research shows that midwives are the safest care providers for the majority of women with normal pregnancies and births.