

## **Safety in Birth Begins with Midwives**

- \* RESPECTFUL TREATMENT \*
- \* PERSONAL ATTENTION \*
- \* EMOTIONAL SUPPORT \*
- \* CONFIDENCE IN OUR BODIES \*
- \* EDUCATION AND INFORMATION \*

### **Midwives are specialists in normal birth.**

Midwives recognize that *birth is a normal, healthy process*.  
Midwives *focus more on women and babies as individuals* and less on technology.

*A thorough knowledge of birth*  
allows midwives to *minimize the use of*  
technology and medical interventions.

Midwives do not expose women and babies  
*unnecessarily* to potentially harmful interventions.

**Research shows that  
midwives are the safest care providers for  
the majority of women  
with normal pregnancies and births.**